

Contact: Sean Smothers
Life Skills
Phone: (314) 567-7705 x 1299
Cell: (314) 704-8502
Fax: (314) 567-6539

10176 Corporate Square Dr.
Suite 100
St. Louis, MO 63132
www.lifeskills-stl.org



PRESS RELEASE

FOR IMMEDIATE RELEASE

Life Skills Honored With "Stellar Performance Award"

Life Skills named by Variety the Children's Charity as one of seven St. Louis recipients

St. Louis, MO - November 22, 2006 - Life Skills has been named by Variety the Children's Charity of St. Louis as a recipient of the "Stellar Performance Award." The announcement was made at Variety's 40th Annual Allocations Luncheon on Tuesday, November 14 at the Chase Park Plaza's Khorassan Ballroom.

Life Skills, the St. Louis organization dedicated to connecting people with disabilities to the community, received the "Stellar Performance Award" in the category of "clubs/community centers" and was one of seven St. Louis charities to receive the "Stellar" honor.

Life Skills uses Variety's grant money to help fund a Summer Adventures Club for children ages 13-21, assisting them in developing new skills in areas such as communication and self care, according to Life Skills President Wendy Buehler. The summer program is an inclusive club, involving children without disabilities as well. "This program would not exist without the contributions of Variety," Buehler said.

These awards recognize one charity in each of Variety's seven panels: behavioral counseling, camps, clubs/community centers, day cares, hospitals, schools and special disabilities. The charities are located throughout the Greater St. Louis area, spanning from Belleville to Kimmswick.

Variety the Children's Charity of St. Louis serves children with physical and mental disabilities in the Greater St. Louis region, each time they need assistance, from infancy to the age of 21.

Life Skills serves more than 1,400 people with disabilities in St. Louis City and St. Louis, St. Charles and Franklin counties.

###

Life Skills connects people with disabilities to the community. Life Skills supports individuals with developmental disabilities in achieving their goals and participating in society in a way that they choose through living in their own homes, finding and retaining jobs, accessing their community and making friends. For more information about Life Skills, visit www.lifeskills-stl.org.